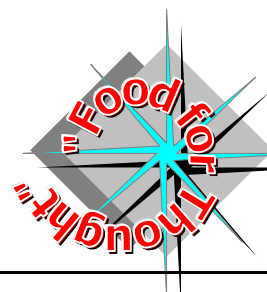


MENU from 12th May 2008

Salad bar including bread available every day
Tap water served with all meals



WEEK ONE: 12 May 2008					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pizza with homemade sauce and toppings	Shepherds Pie	Sliced breast of chicken in a creamy white sauce	Beef enchilladas	Homemade fish balls in homemade tomato sauce
VEGETARIAN	Vegetable pizza	Potato topped Bean and vegetable pie	Roast vegetables & lentils in a creamy white sauce	Cheese topped vegetable enchilladas	Vegetable and bean balls in tomato sauce
CARBOHYDRATE	Pasta Salad		Boiled potatoes dusted with herbs	Rice	Spaghetti
VEGETABLES	Baked Beans	Broccoli	Seasonal fresh Mix	Green salad & vegetable sticks	Peas
DESSERT	Fruit sponge and vanilla sauce	Fruit tart with custard	Fresh fruit salad and natural yoghurt	Fruity crispy cakes	Chocolate sponge and custard
WEEK TWO: 19 May 2008					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef and lentil Bolognese	Roast chicken and gravy	Tuna pasta bake	Jacket Potatoes with tuna	Lamb Hot pot
VEGETARIAN	Roast Seasonal Veg and pearl barley	Butternut squash and chick pea pie	Vegetable & chick pea pasta bake	With various fillings including tuna, cheese & beans	Root vegetable & bean hotpot
CARBOHYDRATE	Spaghetti	Roast potatoes			Herby potato wedges
VEGETABLES	Sweetcorn	Seasonal fresh vegetables	Fresh vegetable Medley	Mixed green salad	Fresh vegetable mix
DESSERT	Sultana and apple sponge with custard	Jelly with fresh fruit and fruit laced natural yoghurt	Fruity crispy cakes	Homemade Chocolate cookies with fruit laced yoghurt	Seasonal fruit crumble and custard
WEEK THREE: 2nd June 2008					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Creamy mild chicken & lentil Korma	Sausages & gravy	Pizza with homemade toppings	Beef, bean & mushroom pie with a puff pastry top	Roast chicken and gravy
VEGETARIAN	Creamy mild vegetable and lentil korma	Vegetarian Sausages	Pizza with homemade toppings	Vegetable & three bean puff pastry topped pie	Vegetable & bean pie with a cheese top
CARBOHYDRATE	Basmati rice	Mashed potato	Pasta and pepper salad	Potato wedges	Roast potatoes
VEGETABLES	Peas	Fresh broccoli	Baked beans	Sweetcorn	Green beans and carrots
DESSERT	Sliced apple and chocolate cake with sauce	Seasonal Fruit Salad with natural yoghurt	Coconut and jam topped apple cake	Currant sponge with custard	Fruit flapjack